HEALTH EDUCATION PROGRAM FOR DEVELOPING COMMUNITIES
ILLUSTRATIONS
11x17 INCH POSTER (TABLOID) SIZE
2018 EDITION

**SET A:** 1-25

1. INTRODUCTION (SEE COVER)
2. THE MOST IMPORTANT KNOWLEDGE (A&B)
3. PREVENTION OF DEATHS AND SUFFERING (A&B&C)
4. HIV/AIDS
5. PREVENTION OF HIV/AIDS
6. SAFE DRINKING WATER
7. SAFE COOK STOVES
8. HANDWASHING (A&B)
9. IMPROPER DISPOSAL OF EXCREMENT
10. PROPER DISPOSAL OF EXCREMENT
11. FLIES AS DISEASE CARRIERS
12. INSECT AND RODENT CONTROL
13. MOSQUITO CONTROL
14. GARDENS
15. WORM INFECTIONS (A&B)
16. SCHISTOSOMIASIS
17. SAFE FOOD PREPARATION (A&B)
18. BREAST-FEEDING
19. BOTTLE-FEEDING
20. IMPORTANT FACTS ABOUT BREAST-FEEDING
21. DIARRHEA
22. HOW TO MIX ORS (ORAL REHYDRATION SOLUTION)
23. HOW TO TREAT DIARRHEA AT HOME--INCREASED FLUIDS & FOODS
24. WHEN TO TAKE THE PERSON WITH DIARRHEA TO THE HEALTH CARE PROVIDER
25. SIGNS OF DEHYDRATION

**SET B:** 26-50

26. ORS FOR PREVENTION OF DEHYDRATION
27. ORS FOR TREATMENT OF DEHYDRATION
28. TAKING MEDICATION
29. PREVENTION OF RESPIRATORY INFECTIONS
30. CARING FOR RESPIRATORY INFECTIONS (A&B)
31. TREATMENT OF PAIN AND HIGH FEVER
32. WHEN TO TAKE THE PERSON WHO IS ILL TO THE HEALTH CARE PROVIDER
33. TUBERCULOSIS
34. SCABIES
35. HYGIENE
36. ORAL HEALTH FOR ADULTS
37. ORAL HEALTH FOR CHILDREN
38. NUTRITION-EATING THE RIGHT FOODS (A&B)
39. PHYSICAL ACTIVITY
40. OSTEOPOROSIS
41. HEART DISEASE, STROKE, DIABETES, CANCER, DEMENTIA & OTHER NCDs (A&B)
42. ACID REFLUX DISEASE
43. BACK PAIN (A, B & C)
44. ACCIDENT PREVENTION FOR INFANTS AND TODDLERS
45. DROWNING/ FALLS/ TRAFFIC ACCIDENTS
46. RABIES/ INDOOR SMOKE
47. FIRST AID
48. CHOKING HELP: ABDOMINAL THRUSTS (HEIMLICH MANEUVER)
49. RECOVERING FROM DISASTERS AND OTHER TRAUMATIC EVENTS
50. CONCLUSION-THE MOST IMPORTANT KNOWLEDGE
2A. THE MOST IMPORTANT KNOWLEDGE
2B. THE **MOST** IMPORTANT KNOWLEDGE
The World Health Organization reports that at least

80% of Premature Heart Disease (#1 Cause of Death)
80% of Stroke (#3 Cause of Death)
80% of Diabetes (#6 Cause of Death)
40% of Cancer (#2 Cause of Death)

and NUMEROUS other conditions

Can be Prevented by

YOU

Doing Just 3 Things

(Much more important than all of our hospitals & clinics, doctors & nurses, and drugs & surgeries combined.)

3A. PREVENTION OF DEATHS AND SUFFERING
1. Avoid: SODA, SUGAR, BACON, SALT, ALCOHOL, CIGARETTE.

2. Avoid: Smoking.

3. Avoid: Sitting, Driving, Watching TV.

3B. PREVENTION OF DEATHS AND SUFFERING
3C. PREVENTION OF DEATHS AND SUFFERING
4. HIV/AIDS

- 37,000,000,000
- 17,000,000
- 34,000,000
5. PREVENTION OF HIV/AIDS
6. SAFE DRINKING WATER
7. SAFE COOK STOVES
8A. HANDWASHING
8B. WHEN IS HANDWASHING NECESSARY?
9. IMPROPER DISPOSAL OF EXCREMENT
10. PROPER DISPOSAL OF EXCREMENT
11. FLIES AS DISEASE CARRIERS
12. INSECT AND RODENT CONTROL
13. MOSQUITO CONTROL
14. GARDENS

1. Browns + Water
2. Greens
3. Soil
4. Ash + Water
5. Manure
15A. WORM INFECTIONS
15B. PREVENTION OF WORM INFECTIONS
16. SCHISTOSOMIASIS
WHO FIVE KEYS TO SAFER FOOD

1. KEEP CLEAN

17A. SAFE FOOD PREPARATION
2. SEPARATE RAW AND COOKED

3. COOK THOROUGHLY

4. KEEP FOOD AT SAFE TEMPERATURES

5. USE SAFE WATER AND RAW MATERIALS

17B. SAFE FOOD PREPARATION
18. BREAST-FEEDING
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20. IMPORTANT FACTS ABOUT BREAST-FEEDING
21. DIARRHEA
22. HOW TO MIX ORS
23. How to Treat Diarrhea at Home
24. WHEN TO TAKE THE PERSON WITH DIARRHEA TO THE HEALTH CARE PROVIDER
25. SIGNS OF DEHYDRATION